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Imperfect Parenting: How the Pressure to be Perfect is Demoralizing a Generation

Discussion With William Deresiewicz, Author of "Excellent Sheep"
TONIGHT AT 7pm

"Are we sending our lambs to the slaughter?," asks CEO of Beit T'Shuvah Rabbi Mark Borovitz. Parenting is one of the most important aspects identified by the residential treatment center and spiritual community of Beit T'Shuvah as impacting a child's identity and ability to be self sufficient. "Too often we work with young addicts who've experienced parenting patterns that include an excess of external praise and saving from mistakes," says Borovitz.



Beit T'Shuvah is hosting a discussion with William Deresiewicz, Author of "Excellent Sheep," to highlight issues identified in his book as the beginning of a high pressure system that is failing our children. The former professor and member of Yale's admission committee will speak about how the demand for perfect grades has culminated in skewed applications, and how raising children without an internal sense of validation negatively impacts their university experience. Deresiewicz's presentation and book signing is part of a series of educational initiatives offered by Beit T'Shuvah that focuses on the pitfalls privileged families run into while raising children.

Founder of Beit T'Shuvah, Harriet Rossetto, believes parents who expect perfection often fix their children's problems to achieve that, resulting in unprepared young adults. "This parenting style doesn't allow for the child to learn from their own mistakes and leads to not only a failure to launch but sadly often to self demoralization, addiction and abuse," explains Rossetto.

Youth Services Director at Beit T'Shuvah, Doug Rosen, does preventative outreach in schools throughout the Los Angeles area and says many parents are focusing on the wrong milestones. "I see kids whose entire identity to themselves and to their parents is based on the external appearance of academic success," says Rosen. "Instead of buying into the over-scheduled, achievement-based system and judging our kids based on what the system says they should be, we need to accept and support who they are in their soul."

The book signing and presentation will be at 7 p.m. on Wednesday March 11th at Beit T'Shuvah 8831 Venice Blvd, Los Angeles, CA 90034. Please RSVP to savedon@beittshuvah.org or call 310-204-5200 x212.

MEDIA: Please email interview requests to news@abramsmanagement.com or call 323-999-4489.

About Beit T'Shuvah (Bate-t'shoo-vah)

Beit T'Shuvah is a nonprofit treatment center and education institution dedicated to guiding individuals and families toward a path of living well in order to recover from addiction. T'Shuvah translates to repentance and return. Beit means house. Beit T'Shuvah = The House of Return.

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ARE WE SENDING OUR LAMBS TO SLAUGHTER?

PLEASE JOIN US IN WELCOMING
WILLIAM DERESIEWICZ

-THE AUTHOR OF-

EXCELLENT SHEEP

THE MISEDUCATION OF THE AMERICAN ELITE
AND THE WAY TO A MEANINGFUL LIFE

7PM • WEDNESDAY, MARCH 11TH
BOOK SIGNING & PRESENTATION

“[A] GOOD CASE THAT THESE COLLEGES ARE FAILING IN THEIR MOST
ESSENTIAL MISSION: TO HELP KIDS 'BUILD A SELF.'”
-MOTHER JONES

“THE EX-YALE PROFESSOR EFFECTIVELY SKEWERS, THEIR BRAINY
BUT SOULLESS STUDENTS (THOSE 'SHEEP'), PUSHY PARENTS, AND
ADMISSIONS MAYHEM.”
-PEOPLE

Beit T'Shuvah is a nonprofit treatment center and education institution dedicated to guiding individuals and families toward a path of living well in order to recover from addiction. Founder Harriet Rossetto and CEO Rabbi Mark Borovitz believe William Deresiewicz has identified key elements of parenting and expectations that often lead privileged children to a failure to launch and self demoralization. They've invited Mr. Deresiewicz to speak in an effort to raise awareness of this ongoing problem in the Los Angeles area.


Beit T'Shuvah
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